

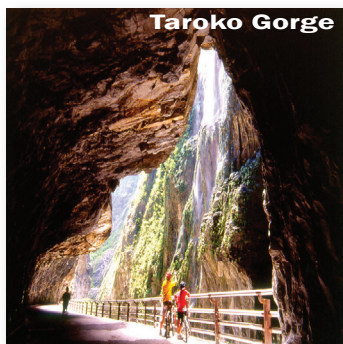
TAIWAN

Touch Your Heart

An Itinerary specifically designed for Seniors



Sample Itinerary - EX BRISBANE



The Itinerary

Day 1. Tuesday: Brisbane / Taipei

Overnight flight to **Taipei** with China Airlines.

MEALS: FLIGHT MEALS

Day 2. Wednesday: Taipei

We arrive into Taipei at approx 6am this morning. We are met at the airport by our guide and given a brief introductory tour to Taipei before being transferred to our accommodation where a light morning tea will be waiting in our rooms. Today will be free to catch up on some sleep or why not venture out and see what Taiwans buzzing Capital has to offer. We meet at the hotels restaurant tonight for our first dinner as a group.

MEALS: D

Overnight: Howard Plaza Hotel Taipei (4 ½ **)**

Day 3. Thursday: Taipei / Taichung

An exciting day begins with an informative and eye-opening city tour of Taipei, which includes the impressive **C.K.S. Memorial Hall** and **National Palace Museum** where 5,000 years of Chinese Imperial arts and jade collections are exhibited. We then visit **Martyrs' Shrine** where we will see the **Changing of the Guard, Taipei 101** - one of the world's tallest buildings and more. If good weather prevails on the day, time will permit for a visit to the **Taipei 101 Observatory**. The views are fantastic and it's definitely a "must experience". We depart Taipei and proceed south via the Western Coastline enjoying a stop at the **Wood Carving Village of Sanyi**, before continuing to the provincial City of **Taichung** for our overnight stay. Tonight we enjoy dinner at the Chinese Restaurant in the Howard Plaza Hotel.

MEALS: B, D

Overnight: Howard Plaza Hotel Taichung (4**)**



Day 4. Friday: Taichung / Puli / Sun Moon Lake / Kaohsiung

MEALS: B, D

After breakfast and hotel check out we travel into the scenic and lofty mountains of central **Taiwan** and **Puli**, here we enjoy a fascinating visit to the **Chung Tai Monastery with a resident monk as our guide**. We then continue onto **Sun Moon Lake**, situated 762 metres above sea level. Here we visit the famous **Wen Wu Temple**. We also have time to enjoy a cruise on scenic **Sun Moon Lake**. This picture postcard region of Central Taiwan is serene and popular with locals and tourists alike. Today we purchase lunch (at own expense) prior to travelling back to **Taichung** to board the **High Speed Rail to Kaohsiung** - Taiwan's second largest city. After we are transferred to our hotel, a western buffet style dinner will be enjoyed at the hotel. After dinner we take a short stroll to the renowned **Lio Ho Night Market** for an evening of bargain hunting.

Overnight: Howard Plaza Hotel Kaohsiung (5***)**

Day 5. Saturday: Kaohsiung

MEALS: B, D

A great day of exploration and sightseeing awaits today starting with a **Kaohsiung City Tour** in the morning. Our tour includes a **ferry ride to Chichin Island**, a long narrow island that forms a natural breakwater protecting Kaohsiung Harbor. Enjoy a traditional **Tricycle Ride** as Chichin is the only place in Taiwan where you can still ride a traditional three-wheeled pedicab (tricycle) powered by men in Chinese costume...a unique experience which has been included today. Later we catch the ferry back to Kaohsiung and proceed on to **Lotus Lake**, a lovely man-made lake adorned by various Chinese-style structures including the ornate Spring and Autumn Pavilions located over the water. After enjoying a stop for lunch (own expense) and shopping in downtown Kaohsiung, we are treated to some pampering - enjoy either a **60 minute body or foot massage**. For those who would like to return to the hotel straight away, a transfer will be provided. This afternoon will be free to enjoy the shopping and sites of Kaohsiung. **A complimentary transfer is included to and from the Dream Mall between 2pm - 5pm for those shopaholics**. Dinner will be at the hotel later tonight.

Overnight: Howard Plaza Hotel Kaohsiung (5***)**

Day 6. Sunday: Kaohsiung

MEALS: B, D

After breakfast we have a free day at leisure to enjoy the hotels facilities or take a stroll to nearby shops and attractions. Tonight we enjoy dinner in the hotel's restaurant.

Overnight: Howard Plaza Hotel Kaohsiung (5***)**

Day 7. Monday: Kaohsiung/Taitung

MEALS: B, D

This morning following hotel check out we make our way to the East Coast of Taiwan to the Provincial City of **Taitung** for our overnight stay. The East Coast stretches in a long narrow strip along the island's Pacific Coast and with its relatively small population and unspoilt landscape with high mountains, rift valley, cliffs, rugged coast line, river terraces and waterfalls the area is a refreshing and surprising contrast. We break this morning to partake in a short walk at a local Aboriginal Village to witness the culture and lifestyle of aborigines. We stop for lunch (own expense) today before arriving into Taitung this afternoon where we visit the **National Museum of Prehistory**. Enjoy dinner at the hotel's Chinese restaurant tonight.

Overnight: Formosan Naruwan Hotel and Resort (5***)**

Day 8. Tuesday: Taitung / Hualien

MEALS: B, D

This morning after breakfast we travel along the scenic East Coast with stops at **Hsiayehliu, Sanhsientai, Stone Umbrella, Caves of the Eight Immortals** and **Stone Steps**. There will be a photo opportunity at the **Tropic of Cancer** today. After lunch (own expense) we make our way to our overnight accommodation. Dinner will be at the hotel later tonight.

Overnight: Parkview Hotel, Hualien (4**)**

Day 9. Wednesday: Taroko Gorge / Hualien

MEALS: B, D

This morning after breakfast we discover the stunning **Taroko Gorge**, a natural attraction created by a river which has cut deep into the mountains of solid marble. A road carved into sheer walls of rock snakes its way past forested peaks and cliffs towering thousands of feet above it, while hundreds of feet below a river roars past gigantic marble boulders. We visit one of the World's largest **marble factories** with its impressive displays and massive showrooms this morning. Stops will be made at **Evergreen Shrine, Swallow Grotto, Tunnel of Nine Turns, Marble Bridge** and **Tiensiang**. Taroko Gorge is spectacular in every sense and will be one of the major highlights of the tour. On our way back to Hualien we stop to view an IMAX Film Presentation of Taroko Gorge. Tonight after dinner at the hotel we take part in an **Aboriginal Culture Show**.

Overnight: Parkview Hotel, Hualien (4**)**

Day 10. Thursday: Hualien / Taipei

MEALS: B, D

After breakfast we start our journey back to Taipei, stopping for lunch (own expense). Later on in the day we visit the **Chongshan Recreational Farm** for a unique **Taiwanese tea plantation cultural experience**. We arrive into Taipei this afternoon and tonight we enjoy a special **Peking Duck Banquet**.

Overnight: Howard Plaza Hotel Taipei (4 ½ **)**

Day 11. Friday: Taipei**MEALS: B, D**

After breakfast enjoy a **free day** at leisure. Our hotel is centrally located close to many of Taipei's shopping and tourist districts with convenient and in-expensive public transport options. **The Mass Rapid Transit (MRT) train system** is adjacent to the hotel and can travel from one side of Taipei to the other in half an hour. Browse the endless shops in search of that unique souvenir or local bargain, take the opportunity to revisit any of the cities tourist attractions or sites, the choice is yours, so make the most of the day. Tonight we meet at the hotel before we are transferred for dinner. This evening we enjoy a delicious Mongolian BBQ. After dinner we visit **Longshan Temple** and **Snake Alley**.

Overnight: Howard Plaza Hotel Taipei (4 ½ **)****Day 12. Saturday: Taipei / Brisbane****MEALS: B, A/T at Grand Hotel**

Regrettably it's our last day in Taiwan. For our convenience we have arranged a leisurely breakfast and a later than normal hotel checkout. Enjoy a special farewell from Taiwan when we visit one of Taipei's original icons, the luxurious and ornate **Taipei Grand Hotel** for a traditional afternoon tea. It is a grand experience and sheer indulgence with a capital "I". Late this afternoon we depart the City enroute to CKS International Airport with a visit to **Yingko pottery town**. After airline check-in there is time for some last minute duty free shopping before boarding our overnight flight with China Airlines back to Brisbane. Enjoy the flight with time to reflect on the many memorable highlights of your holiday.

Day 13. Sunday: Arrive Home**MEALS: Flight Meals**

After a pleasant flight we arrive at Brisbane International Airport after an unforgettable trip to Taiwan.

Tour Highlights: Taroko Gorge, National Palace Museum, Martyrs' Shrine - Changing of the Guard, Chung Tai Monastery, Wen Wu Temple, Sun Moon Lake Scenic Cruise, High Speed Rail - Taichung to Kaohsiung, Kaohsiung City Tour, 60 minute body or foot massage, National Museum of Prehistory, Taiwanese Tea Plantation Cultural Experience, Longshan Temple & Snake Alley, Taipei Grand Hotel and many more

Itinerary subject to change.

**For more information and bookings please contact:
Trade Travel - Freecall 1800 645 103**